Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Monday 08 Aug 2022 until 23:59 on Tuesday 09 Aug 2022

Forecast Issued on Sunday 07 Aug 2022 at 15:05 by Met Office Aberdeen

Confidence: Medium confidence in cloud amounts and periods of rain and drizzle on Monday and early Tuesday. Conditions improving towards the end of the week for the Northwest Highlands.

Headline for Monday 08 Aug 2022: Cloudy with poor visibility at times, becoming drizzly later in the day, strong westerly winds, summit gales.

Mountain weather hazards on Monday 08 Aug 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Medium Likelihood

Severe chill effect
No Likelihood

Poor visibility
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Fog	Mist	Mist	Dull	Drizzle	Heavy Rain	Drizzle	Drizzle
Precipitation probability							
10%	20%	20%	20%	30%	50%	50%	50%

Forecast for Monday 08 Aug 2022

Weather: Cloudy overnight with mist and fog for many ranges, similar during the morning, with cloud thickening in the afternoon to give some drizzle or rain at times, especially for the more north westerly hills like Assynt and the Sutherland hills. Chance of a few sunny spells in the east and visibility improving at times.

Chance of cloud-free hill tops above 800m: 20%, widespread low cloud in association with band of rain affecting northwest Scotland, 40% further south and east.

Low cloud and visibility: Poor visibility overnight with cloud bases lowering to 400m at times, during the day cloud becoming more extensive and lower, broken or overcast low cloud above 400m is expected in the northwest, lowering to 300m in drizzle in the afternoon, perhaps more scattered above 600m for Glen Affric and ranges further south. Visibility below the cloud will generally be moderate, falling poor later in any drizzle.

Check our weather forecast every day to get the most accurate and up to date information
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Mountain Weather Forecast

Forecast for Monday 08 Aug 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	26/33 SW	28/35 SW	27/35 SW	33/41 SW	30/38 SW	28/37 SW	26/34 SW	25/33 SW	24/32 SW
900	25/32 SW	27/34 SW	26/34 SW	31/40 SW	28/37 SW	27/36 SW	25/33 SW	24/32 SW	24/31 SW
600	18/25 SW	19/27 SW	19/26 SW	23/31 SW	20/29 SW	20/28 SW	18/26 SW	17/24 SW	16/24 SW
300	6/25 SW	7/26 SW	8/25 SW	9/29 SW	8/28 SW	8/26 SW	8/25 SW	5/22 SW	5/21 SW
Glen	9/21 SW	9/20 SW	10/21 S	11/23 S	12/24 SW	9/19 S	9/19 S	9/20 S	9/20 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/3	8/3	8/3	9/4	9/4	9/4	9/5	9/5	9/5
900	8/4	8/4	9/4	9/5	10/6	10/5	10/6	10/6	10/6
600	10/7	10/7	11/8	11/8	12/8	12/8	12/8	11/8	11/8
300	12/11	12/11	12/11	13/11	13/12	14/12	13/12	12/12	13/12
Glen	14/13	14/13	14/13	15/13	15/14	16/14	15/14	14/13	14/13
Freezing Level*	2100m	2800m	3200m	3200m	3200m	3100m	3100m	2600m	2900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Windy for most areas with summit gales, perhaps winds lighter for the Cuillin but still gusty. Feeling quite cold for the time of year, especially on the higher tops.

Forecast for Tuesday 09 Aug 2022

Weather: Overnight rain will clear east and it will become a drier day with cloud lifting a little and the possibility of a few bright spells further east and for Skye, strong winds continuing with summit gales in the far north.

Maximum wind: Southwesterly 25-30mph with gusts 35-40mph, perhaps 45-50 mph in the northwest.

Chance of cloud-free hill tops above 800m: 40%, improving to 60%, scattered or broken cloud shrouding the higher tops in the west.

Low cloud and visibility: Broken cloud above 400m will gradually become more scattered and lift towards the summits during the day, visibility will be moderate or poor in early rain but will gradually improve through the day for all areas. In the east cloud bases will be scattered above 600m with moderate or good visibility.

Temperature: **Glens:** Plus 9 rising to 17 Celsius.
At 800m: Plus 8 rising to 11 Celsius.
Freezing level: Above the summits.

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